

#### **Press release**

Figure forming like a pro: get the summer figure you want with HYPOXI®

It's well known your summer figure is made in winter. So now's the time to get to work so that unloved flab doesn't spoil your holiday mood on the beach under the palm trees. The path to your desired figure could be so easy: movement and healthy nutrition – nothing more is needed if you trust popular wisdom. But if it were really so simple, we wouldn't have to deal with the topic of losing weight year after year. Professional methods are in demand, ones that are just as innovative as they are effective.

Train smart not hard – the HYPOXI-Method® perfects this motto. With this innovative figure-forming method, fat-burning training sessions and alternating pressure treatment are combined with one another in such an intelligent way that the result scores double: a sustainable reduction in size is precisely targeted on the problem areas while simultaneously tightening the skin.

This is made possible through the alternating use of high and low pressures in connection with moderate movement. The method is based on the natural principle of cupping. The result is increased circulation in the problem areas, which enables targeted fat reduction in these parts of the body.

The sacrifice turns out positive: no sweaty workouts, no strict diet plans, no yoyo effect.



So why struggle when you can rely on professionals and innovative methods? The support in the authorised HYPOXI®-Studios is similar to a personal training session. From figure analysis, through the training plan and on to nutrition tips – a certified HYPOXI®-Coach is always on hand with advice and assistance for the path to your dream figure.

The time required is limited: the training units only last between 30 and 50 minutes. So you can make effective use of your lunch break, for example.



# The HYPOXI® devices at a glance:



#### HYPOXI-Trainer® S120

The S120 combines the three components of HYPOXI-Method<sup>®</sup> effectively: The computer-controlled alternation of high and low pressure takes place in a chamber that reaches up to the hips. The gentle exercise takes place sitting on the integrated bicycle ergometer. This puts the problem areas – hip, underbelly, buttocks and legs - under pressure, facilitates the activity of the veins and eliminates fat in a targeted manner.



### **HYPOXI-Trainer**<sup>®</sup> L250

The L250 permits the alternating application of low-pressure for the underbelly, hip, behind and legs. The comfortable reclined position relieves the body of most of its weight during training and promotes the elimination of liquids and toxins. The results are beautiful, slender legs and a visible reduction of cellulite.



## **HYPOXI-Vacunaut®**

The Vacunaut is used to reduce the girth of the stomach and hips. Training is performed in the HYPOXI<sup>®</sup>-PressureSuit with an integrated network of 122 high and low pressure chambers.

During moderate exercise - which can take place on a treadmill, exercise bicycle or other popular cardiovascular exercise equipment - the application of high and low pressure targets the abdomen and hips.



# **HYPOXI<sup>®</sup> HD-Comfort**

In order to remain firm and strong the skin needs special treatments. 400 active vacuum chambers integrated in the problem areas in HYPOXI<sup>®</sup> HD-PressureSuit ensure that the skin gets the exercise it needs. A comfortable lounge chair with integrated high and low pressure technology ensures pleasant relaxation while the elastic connective fibres of the skin work diligently to achieve smooth, firm skin.

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