

## Press release

### **HYPOXI®-Studio Chiswick, London celebrates 4th Birthday with a move just down the street to much larger premises**

Wals-Siezenheim, March 2019

"At thirty, my body started to change and I started to gain weight. I became more and more unhappy with myself. I came to 67-68 kg (UK 14 / DE 40 dress size) and did not feel well in my skin anymore. At that time, I worked as a prison officer at Wormwood Scrubs, dealing with the prisoners on a daily basis. The stressful and demanding work prevented regular meals, which greatly contributed to my weight gain.

I discovered HYPOXI® in August 2013 and decided to give it a go. I was extremely committed and strictly followed all nutritional guidelines. The appointment-based program proved to be exactly what I needed to feel motivated, as hard-core PT sessions are not my thing at all. Back from my holidays at work, I noticed first results on my return to work as my uniform trousers became much looser. Compliments from friends also contributed to my motivation. Before, I was at my limit, now I was at the turning point.

Within 6 weeks I lost about 7 kg (dress size UK 8/10 / DE 34/36). And not only that, my lower body came back into shape; I lost fat just at the problem areas such as stomach, buttocks and legs. At that point I made a decision to have my own HYPOXI®-Studio to spread the HYPOXI® fame.

I feel confident in my skin and I want to help others to feel just as good. I also suffered for a long time with low self-esteem and know how difficult it is to get out of it. I'm there for my clients; my motivation is always my customer. It fills me with great satisfaction to see their growth both physically and emotionally.

After 4 years of sharing premises with other businesses, I finally moved to my new, much bigger, luxurious studio with double the number of machines. In the near future, I will also be providing more services for both body and mind."

Dorota Zelazny  
HYPOXI®-Studio Chiswick,  
London (UK)



**The HYPOXI® devices at a glance:**



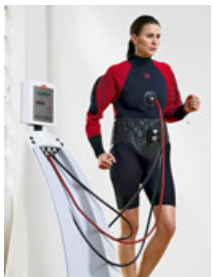
**HYPOXI-Trainer® S120**

The S120 combines the three components of HYPOXI-Method® effectively: The computer-controlled alternation of high and low pressure takes place in a chamber that reaches up to the hips. The gentle exercise takes place sitting on the integrated bicycle ergometer. This puts the problem areas – hip, underbelly, buttocks and legs - under pressure, facilitates the activity of the veins and eliminates fat in a targeted manner.



**HYPOXI-Trainer® L250**

The L250 permits the alternating application of low-pressure for the underbelly, hip, behind and legs. The comfortable reclined position relieves the body of most of its weight during training and promotes the elimination of liquids and toxins. The results are beautiful, slender legs and a visible reduction of cellulite.



**HYPOXI-Vacunaut®**

The Vacunaut is used to reduce the girth of the stomach and hips. Training is performed in the HYPOXI®-PressureSuit with an integrated network of 122 high and low pressure chambers.

During moderate exercise - which can take place on a treadmill, exercise bicycle or other popular cardiovascular exercise equipment - the application of high and low pressure targets the abdomen and hips.



**HYPOXI® HD-Comfort**

In order to remain firm and strong the skin needs special treatments. 400 active vacuum chambers integrated in the problem areas in HYPOXI® HD-PressureSuit ensure that the skin gets the exercise it needs. A comfortable lounge chair with integrated high and low-pressure technology ensures pleasant relaxation while the elastic connective fibres of the skin work diligently to achieve smooth, firm skin.

Released for publication

For more information, please visit [www.hypoxi.com](http://www.hypoxi.com).