



Press release

HYPOXI®-Studio opening in Herford, Germany

Straß im Attergau, March 2022

On March 1st, 2022, Kerstin Straßen opened her beautiful new studio in Herford, North Rhine-Westphalia.

Ms Straßen and her team were trained by our Master Trainer Yvonne Koch to offer not only the classic HYPOXI® intensive and maintenance programs but also the specific HYPOXI-Training® for those suffering from lipoedema. The unique mode of action of the HYPOXI-Method® can sustainably increase the quality of life of lipoedema sufferers.

An added value for each customer is that in addition to the targeted figure shaping with HYPOXI® in the studio, Pilates & Personal Training, nutritional advice and metabolic regulation are also offered.

We are happy that the HYPOXI-Method® is now offered in Herford, and we wish Kerstin Straßen every success.



The HYPOXI® devices at a glance:



HYPOXI-Trainer® S120

The S120 combines the three components of HYPOXI-Method® effectively: The computer-controlled alternation of high and low pressure takes place in a chamber that reaches up to the hips. The gentle exercise takes place sitting on the integrated bicycle ergometer. This puts the problem areas – hip, underbelly, buttocks and legs - under pressure, facilitates the activity of the veins and eliminates fat in a targeted manner.



HYPOXI-Trainer® L250

The L250 permits the alternating application of low-pressure for the underbelly, hip, behind and legs. The comfortable reclined position relieves the body of most of its weight during training and promotes the elimination of liquids and toxins. The results are beautiful, slender legs and a visible reduction of cellulite.



HYPOXI-Vacunaut®

The Vacunaut is used to reduce the girth of the stomach and hips. Training is performed in the HYPOXI®-PressureSuit with an integrated network of 122 high and low pressure chambers.

During moderate exercise - which can take place on a treadmill, exercise bicycle or other popular cardiovascular exercise equipment - the application of high and low pressure targets the abdomen and hips.



HYPOXI® HD-Comfort

In order to remain firm and strong the skin needs special treatments. 400 active vacuum chambers integrated in the problem areas in HYPOXI® HD-PressureSuit ensure that the skin gets the exercise it needs. A comfortable lounge chair with integrated high and low-pressure technology ensures pleasant relaxation while the elastic connective fibres of the skin work diligently to achieve smooth, firm skin.

Released for publication

For more information, please visit www.hypoxi.com.